

ADULT INTAKE QUESTIONNAIRE

| Name: | | | DOB: | | Age: | | |
|--|-----------------------------|-----------------|--------------------|--------------------|---------------|-------------|--|
| Gender: | Race/ethnicity/ancestry: | | | | | | |
| Marital status: | | Occu | pation: | | | | |
| Reason for seeking services (motivation, need, problem, symptoms, issues, concerns): | | | | | | | |
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| How long have you had these needs, symptoms, or issues? | | | | | | | |
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| • | eatment for these issues in | | | Yes 🗆 | No | | |
| · | ed inpatient mental health | | | Yes 🗆 | No | | |
| Briefly describe | mental health treatment hi | story (dates a | and name of fac | ility/therapist): | | | |
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| <u> </u> | eatment for substance use? | | | Yes 🗆 | No | | |
| Briefly describe substance use treatment history (dates, name of facility/therapist, substance concern): | | | | | |): | |
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| Do you have a family history of mental health concerns or substance use? If so, please describe: | | | | | | | |
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| Doscribo tho im | pact of the current emotion | al or bobavio | ral struggles on | family ampleymen | at and soci | al lifo: | |
| pescribe the IIII | pact of the current emotion | iai Oi Dellavio | irai sti uggles on | railiny, employmen | it, aliu soci | ai iiie. | |
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| Describe your strengths and unique qualities: | | | | |
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| Are you currently under the care of a physician or psychiatrist? If yes, please provide the following: | | | | |
| Doctor's name: | | | | |
| Address: | | | | |
| Phone: | | | | |
| Treatment for: | | | | |
| Medications: | | | | |
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| Have you ever experienced an upsetting event or situation? (abuse, neglect, abandonment, bullying, loss of a loved one or pet, moving, surgery, pain) If you feel comfortable, please briefly describe below: | | | | |
| loved one of per, moving, surgery, paint it you reel connortable, please briefly describe below. | | | | |
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| Have you ever witnessed an upsetting event or situation? If you feel comfortable, please briefly describe below: | | | | |
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| Symptom Checklist | | | | | | | | |
|---|---------|------|--------------------------------|---------|------|--|--|--|
| Symptom | Current | Past | Symptom | Current | Past | | | |
| Crying, sadness, depression | | | Temper outbursts, aggression | | | | | |
| Loss of enjoyment in usual activities | | | Irritability, anger | | | | | |
| Desire to die | | | Argues frequently | | | | | |
| Easily distracted | | | Disobedience | | | | | |
| Made suicidal gestures/attempts | | | Hallucinations | | | | | |
| Worries more than others | | | Unusual fears or phobias | | | | | |
| Panics | | | Anxious, nervous | | | | | |
| Repeats unnecessary acts | | | Is overly concerned | | | | | |
| Exhibits rituals, habits, superstitions | | | Twitches, unusual movements | | | | | |
| Easts very little/fasts to lose weight | | | Gorges or binge eats | | | | | |
| Sleep walking | | | Blames others for own mistakes | | | | | |
| Withdrawn | | | Easily annoyed by others | | | | | |
| Nightmares, night terrors | | | Low motivation | | | | | |
| Low self-esteem | | | Disorientation | | | | | |
| Wakes up very early | | | Vomits intentionally | | | | | |
| Tiredness, fatigue | | | Injures self intentionally | | | | | |
| Restless sleep, wakes frequently | | | Struggles with friendships | | | | | |
| Trouble falling asleep | | | Feels shy around others | | | | | |
| Excessive sleep | | | Grief or loss | | | | | |
| Poor appetite | | | Feelings of worthlessness | | | | | |
| Under or over weight | | | Chronic pain | | | | | |
| Hyperactivity | | | Drug use | | | | | |
| Frequently acts without thinking | | | Alcohol use | | | | | |
| Does not complete tasks | | | Cigarette use | | | | | |
| Headaches | | | Sexual problems | | | | | |
| Easily distracted | | | Mood swings | | | | | |
| Academic struggles | | | Ideas of harming others | | | | | |
| Worries about money | | | Disorganized thoughts | | | | | |
| Concerned about family members | | | Problems at work | | | | | |
| Relationship problems | | | Feelings of hopelessness | | | | | |
| Daydreams, fantasizes | | | Problems with the law | | | | | |
| Additional symptoms not listed above: | • | • | | • | | | | |
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| Family Stressors | | | | | | | | |
| Stressor | Current | Past | Stressor | Current | Past | | | |
| Marital struggles | | | Housing problems | | | | | |
| Marital separation | | | Legal issues | | | | | |
| Divorce | | | Death of a friend | | | | | |
| Custody disputes | | | Death of a relative | | | | | |
| Financial problems | | | Death of a pet | | | | | |
| Job loss | | | Family illness | | | | | |
| Partner using alcohol/drugs | | | Intimate partner violence | | | | | |
| Additional stressors not listed above: | | | | | | | | |
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| | Me | edical Hist | tory | |
|--|-------------|-------------|-------------|----------------------------|
| Condition | Yes | No | Age | Details |
| Serious infection | | | | |
| Convulsions/seizures | | | | |
| Head injury | | | | |
| Other injuries | | | | |
| Medical hospitalizations | | | | |
| Surgeries | | | | |
| Poisoning | | | | |
| Allergies | | | | |
| Asthma | | | | |
| Complications from alcoholism | | | | |
| Complications from drug use | | | | |
| Sexual problems | | | | |
| Other: | | | | |
| Other: | | | | |
| Other: | | | | |
| | | ily Inform | | |
| List all of | the peopl | e who cu | rrently liv | re with you |
| Name | | | | Occupation/grade in school |
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| Who are your supports? (friends, faith, cl | luhs etc) | | | |
| vino are your supports: (menus, raitii, er | 1005, Ctc.) | | | |
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| What are your goals for treatment? | | | | |
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| Client (print) | | ignatura | | Data |
| Client (print) | 5 | ignature | | Date |
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| | | | | |
| | | | | Date |
| Provider (print) | Signature | | | |